

A Comprehensive Review of Radiant Barrier Research Including Laboratory and Field Experiments

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ABSTRACT

Attic Radiant Barriers (RBs) are proven technologies that significantly reduce the flow of radiant heat across attic spaces. This decreases the heat flow across the ceilings of buildings, which in turn lowers space cooling and heating loads, and produces energy and cost savings. This paper provides a general description of RBs, including installation configurations, the physical principles that make them work, and the laboratory and field experiments used to evaluate their thermal performance. An extensive review of the literature is summarized, highlighting fundamental issues, such as reduced ceiling heat flows, reduced space cooling and heating loads, and changes in attic temperatures produced by the installation of RBs in residential attics. Causes that affect RB performance, such as the influence of attic insulation level and climate, are presented. The data indicate that, on average, RBs reduce summer ceiling heat flows by 23 to 45% depending on the insulation level, whereas winter ceiling heat flow reductions are about 40% of the summer values for the same insulation levels. The data also indicate that RBs reduce space cooling loads by 6 to 20% and that space heating loads reductions are also about 40% of the space cooling load values for the same insulation levels.

INTRODUCTION

The increased pressure to reduce energy use and lower the electrical peak demand that result from building operations have encouraged the increased use, and sometimes the excessive use, of insulation. Although building insulation has played an essential role in making buildings more energy efficient, the amount of insulation that can be added to an attic space is limited by the physical dimensions of the structure. Extra insulation can potentially obstruct attic ventilation, compress itself, and create an excessive weight on the ceiling structure.

Attic Radiant Barriers (RBs) present a different way of increasing the thermal performance of existing or to-be-installed insulation in the space between roofs and ceilings of buildings (e.g., attic spaces in residential buildings or the space between roofs and suspended ceilings in commercial buildings). RBs have received considerable attention because of their potential to reduce radiant heat transfer across vented spaces between roofs and ceilings of buildings. RBs are metalized films or aluminum foil sheets laminated to paper (most commonly to Kraft paper), polymer films, oriented strand board (OSB), or plywood. These films and laminates are characterized by having at least one surface with an emittance of 0.1 or less (ASTM C 1313 2010). In the case of RBs, aluminum is used because it is inexpensive and because its surface, once exposed to air, becomes covered with a layer of a transparent oxide that protects it from the atmosphere and allows it to maintain a low emittance for long periods of time.

RBs are commonly installed in one of the four configurations shown in Figure 1.

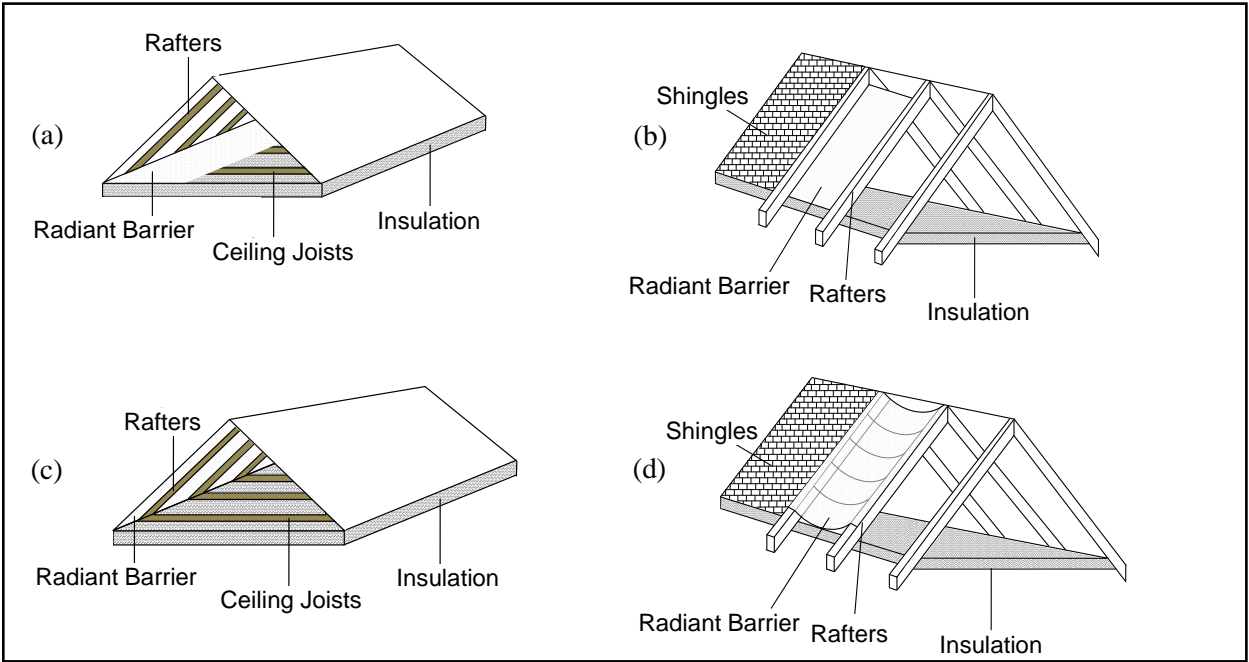


Figure 1. Common radiant barrier installation configurations: (a) horizontal radiant barrier (HRB), (b) truss radiant barrier (TRB), (c) deck-applied radiant barrier (DARB), (d) draped radiant barrier (DRB).

In the horizontal radiant barrier (HRB) configuration, the radiant barrier is installed on top of the attic floor insulation. In this case, one low-emittance side must face up towards the air space. The truss radiant barrier (TRB) consists of a radiant barrier installed within the trusses of the attic against the rafters that support the roof deck. In this configuration an extra air space is formed between the radiant barrier and the roof deck. If the radiant barrier has only one low emittance side, it is recommended that the low emittance side face the attic air space. The deck-applied radiant barrier (DARB) consists of aluminum foil bonded to the oriented strand board (OSB) or plywood boards that make up the roof deck. In the draped radiant barrier (DRB), the radiant barrier is attached to the roof deck or held between the roof deck and the rafters where the barrier is allowed to form a “drape-like” configuration, which creates a narrow air space between the deck and the radiant barrier. Similar to the TRB, if the DRB has only one low emittance side, it is recommended that the low emittance side face the attic air space.

Interior Radiation Control Coatings (IRCCs) also decrease the radiant heat flows across attic spaces. IRCCs are low emittance coatings or paints that when applied to a building surface change the emittance of these surfaces to that of the coating, which is 0.25 or less (ASTM C 1321 2009). For the most part, the installation of IRCCs is similar to that of the deck-applied radiant barrier, Fig. 1(c), depending on whether the rafters are coated.

Because of their low emittance values, RBs and IRCCs installed in attic spaces reduce the thermal radiation that is transferred between the roof deck and the top of the insulation, which is usually installed on the floor of the attic. This reduction in radiation heat transfer can be partly explained by Equation (1) (Cengel and Ghajar 2011), which represents the net transfer of heat by radiation between two surfaces (e.g., roof deck, surface 1, and top of the insulation, surface 2)

$$\dot{q}_{12} = \frac{\sigma(T_1^4 - T_2^4)}{\frac{1 - \varepsilon_1}{A_1 \varepsilon_1} + \frac{1}{A_1 F_{12}} + \frac{1 - \varepsilon_2}{A_2 \varepsilon_2}} \quad (1)$$

Basically, RBs and IRCCs work by altering the emittance value (ε) of at least one of the surfaces between the roof deck

and top of the insulation. Note that Equation (1) is a simplification in many ways, but it presents a snapshot of the physics involved when RBs or IRCCs are installed in attic spaces. For the TRB and DRP configurations, however, other terms must be added to the denominator of Equation (1) because reflective air spaces are created when the radiant barriers are installed.

RADIANT BARRIER PERFORMANCE

There are three well-established and accepted methods that are used for evaluating the performance of RBs and IRCCs. These are laboratory tests, field studies, and computer simulations. Laboratory tests have the advantage that several parameters, such as roof temperature, "solar" intensity, and air speeds, can be controlled, which allows ceiling heat fluxes and attic temperatures to be studied and measured under controlled ranges of conditions. Although laboratory tests are well received and are essential in the study of radiant barriers, they present some drawbacks. One of the shortcomings of laboratory tests is that outdoor (i.e., weather-like) conditions are not entirely reproduced in a laboratory setting. Most laboratory experiments are carried out under steady-state conditions, which are not representative of the conditions in which buildings operate. Field studies tend to be more complex, but offer the advantage that buildings are studied under actual weather conditions. These studies produce data that most accurately represent the conditions in which buildings operate. Field studies also have their own complications and limitations. Complications arise from the fact that under actual weather conditions the climatic variables are not controlled. The most precise results from field studies are produced when side-by-side tests are performed using identical (i.e., same footprint, construction, size, and orientation) unoccupied buildings. In addition to the buildings being identical in all respects, it is important that the buildings' thermal performance be identical or nearly identical prior to the installation of the radiant barriers. In side-by-side testing protocols, control (i.e., standard) and test (i.e., retrofit) buildings operate under the same weather conditions and direct comparisons are possible. The third method used to evaluate the thermal performance of radiant barriers is computer simulation using mathematical models. Although the review of the literature performed for this paper found several computer simulations of buildings with installed radiant barriers, this method will be discussed in a separate paper.

Most of the results are given in terms of ceiling heat fluxes and space cooling and heating load reductions expressed as percentages. This is because comparisons are often made between buildings with and buildings without radiant barriers. Therefore, the effectiveness (i.e., the "thermal performance") of radiant barriers is often an indication of the percent reductions that they produce when buildings with and without RBs are compared.

Review of Experimental Works

Over fifty years (1958-2010) of published papers from various sources were reviewed. The most relevant results are summarized in Tables 1 through 5. The results of Tables 1 through 4 are presented in terms of percent reductions of ceiling heat flows and space cooling and heating loads. The results in Table 5 are presented in terms of attic air temperature reductions, in °F. For clarity, all percent reductions and temperature data were rounded off to the nearest whole number. The data were divided into cooling or heating season results. For the cooling season, only data collected during June, July, and August were considered. Similarly, for the heating season, only data collected during December, January, and February were considered. Within each table, the results were grouped by insulation level. For the most part, only insulation levels of R-11 (1.94 m²·K/W), R-19 (3.35 m²·K/W), and R-30 (5.28 m²·K/W) were included. Within each table, the percent reductions were also depicted graphically using shaded horizontal clustered bars. Also, because the data were taken from such a diverse pool of experiments that were carried out in various geographical locations, climate conditions, attic ventilation arrangements, in occupied and unoccupied buildings, etc., as much background information as possible is presented in each table entry. This information includes testing protocol (i.e., laboratory controlled, side-by-side, or pre- and post-), location (city and state), cooling and heating degree days (base 65°F), climatic zone (see Figure 2 below), ventilation type (i.e., natural or forced ventilation and vent arrangement), whether the building was occupied during the testing period, and whether the air handlers and ducts were located in the attics. In addition, average values are presented for each data cluster. For testing protocols, laboratory controlled experiments were performed under steady-state conditions. Side-by-side experiments were carried out

simultaneously in two or more houses in which one house was used as a control house while the other(s) was (were) retrofitted with radiant barriers in one of the four installation configurations. Pre- and post-experiments were carried out using the same buildings at different times, but under comparable weather conditions. That is, data were gathered first with the attic having no radiant barriers. Then, radiant barriers were installed and the monitoring continued. The cooling and heating degree days, as well as DOE climatic zones, for the experimental locations are provided to give a sense of the climate under which the experiments were carried out. All radiant barriers used in the experiments were assumed to be new and clean.

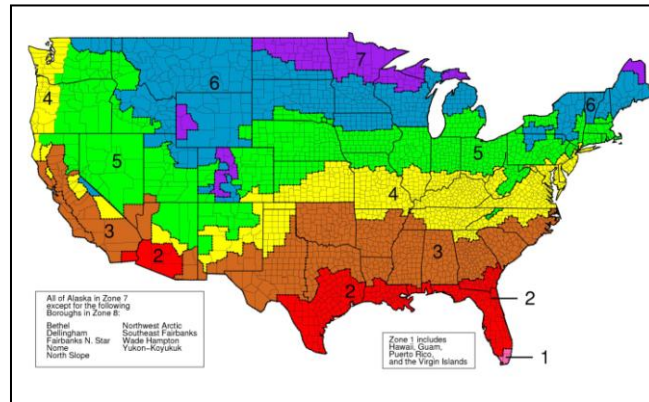


Figure 2. U.S. climate zone map (ASHRAE Standard 169-2006, 2006)

Table 1 shows the results of ceiling heat flow reductions produced by RBs and IRCCs during the cooling season. Laboratory-controlled experiments indicated that radiant barriers installed under flat roofs provided greater reductions than those installed below pitched roofs. In both cases, the radiant barriers were installed in HRB configurations. Laboratory-controlled experiments of IRCCs applied in flat roof configurations with R-19 ($3.35 \text{ m}^2\cdot\text{K}/\text{W}$) insulation produced average heat flow reductions of 32% vs. the same system without the application of any coatings. In field experiments, radiant barriers installed in attics with R-11 ($1.94 \text{ m}^2\cdot\text{K}/\text{W}$) insulation produced ceiling heat flow reductions that ranged from 34% to 60%. The 60% reduction corresponded to an attic in which both a HRB and a TRB were installed at the same time. That is, the attic interior was fully lined with a radiant barrier. The average reduction in heat flow produced by radiant barriers in attics with R-11 ($1.94 \text{ m}^2\cdot\text{K}/\text{W}$) insulation was 45%. In attics with insulation levels of R-19 ($3.35 \text{ m}^2\cdot\text{K}/\text{W}$) the reductions ranged from 16% to 43%, with an average value of 30%. The average reduction from installed HRBs was 29%. For installed TRBs the average reduction was 32%. Radiant barriers installed in the draped configuration (DRB) yielded an average of 18% reduction. There seemed to be a slight correlation between percent reductions in ceiling heat flows and the geographical location of the buildings for the referenced experiments, most of which were carried out in DOE Climatic Zones 2 and 4. For example, for the attics with installed HRBs, the highest percentages were observed in Zone 4, but for those attics with installed TRBs and DRBs the maximum reductions were observed in Zone 2. There also seemed to be some correlation between the ceiling heat flow reductions and attic airflow patterns (e.g., soffit/soffit, soffit/gable, and soffit/ridge). For example, the houses that were identified as having soffit vents for attic air intake and exhaust had the largest percent reduction in ceiling heat flows when TRBs were installed. However, there was no clear correlation produced by TRBs in those houses with soffit/ridge or soffit/gable vents arrangements. There were also no clear correlations in ceiling heat flow reduction with attic airflow rate or kind of air flow (i.e., natural or forced) across the attic. The only exception was from a study by Parker and Sherwin (1998) in which the heat flow percent reduction produced by a TRB increased from 26% to 36% when the vent area for natural attic airflow was increased from 1:300 to 1:150. For attics with R-30 ($5.28 \text{ m}^2\cdot\text{K}/\text{W}$) insulation, the reductions ranged from 20% to 25%, with an average value of 23%. These experiments indicated that for TRBs, the highest percent reductions were produced in Zone 2.

Table 1. Ceiling Heat Flow Reductions Produced by RBs and IRCCs (Cooling Season)

Season	Reference	Nominal Insulation Level R-Value	Testing Protocol	Method	Ceiling Heat Flow Reductions Over Test Period (%)												City, St	CDD	Climatic Zone	Ventilation				Occupied		Comments	Average					
					Summer															Vents	FV	NV	N	Y								
					-5	0-4	5-9	10-14	15-19	20-24	25-29	30-34	35-39	40-44	45-49	50-54									55-59			60				
Cooling	Joy (1958)	R-7.5	Laboratory Controlled	HRB														N/A	S	S	X		X	Flat Roof	41%							
	Katipamula & O'Neal (1986)	R-11		HRB															N/A	-	-	-	-	X		Flat Roof						
	Yarbrough (2010)	R-13		HRB																N/A	-	-	-	-		X	Pitched Roof					
	Joy (1958)	R-7.5		HRB																N/A	S	S	X			X	Pitched Roof					
	Swami and Fairley (1986)	R-19	Laboratory Controlled	IRCC															N/A	-	-	-		X	Flat Roof	32%						
	Ashley et al. (1994)	R-11	Side-by-Side	HRB/TRB															60	Kingsville, TX	3,404	2	G	G	X	X	X	Attic fully wrapped	45%			
	Medina (2000a)			TRB																42	College Station, TX	2,938	2	S	G	X	X					
	Hall (1988a)			TRB																	34	Chattanooga, TN	1,608	4	S	G	X	X				
	Fairley (1985)	R-19	Side-by-Side	TRB																43	Cape Canaveral, FL	3,300	2	S	S	X	X		5 ACH, 1 AS f/down	30%		
	Fairley (1985)			TRB																	43	Cape Canaveral, FL	3,300	2	S	S	X	X			5 ACH, 2 AS	
	Hall (1986)			HRB																		36	Chattanooga, TN	1,608	4	S	G	X	X			
	Fairley (1990)			TRB																		39	Cape Canaveral, FL	3,300	2	-	-	-	-		X	
	Parker and Sherwin (1998)			TRB																		36	Cocoa Beach, FL	3,300	2	S	R	X	X			Vent area = 1:150
	Levins et al. (1986)			HRB																		35	Kerns, TN	1,301	4	S	G	X	X			
	Medina (2000a)			TRB																		34	College Station, TX	2,938	2	S	G	X	X			
	Levins et al. (1986)			TRB																		30	Kerns, TN	1,301	4	S	G	X	X			
	Hall (1988a)			TRB																		30	Chattanooga, TN	1,608	4	S	G	X	X			
	Medina et al. (1992a)			HRB																		30	College Station, TX	2,938	2	S	G	X	X			
	Parker and Sherwin (1998)			TRB																		26	Cocoa Beach, FL	3,300	2	S	R	X	X			Vent area = 1:300
	Hall (1986)			TRB																		23	Chattanooga, TN	1,608	4	S	G	X	X			
	McQuiston et al. (1984)			HRB																		20	Stillwater, OK	1,881	3	-	-	X	-		-	Curved Roof
	Ober & Volckhausen (1988)			DRB																		20	Orlando, FL	3,428	2	S	G	X	X			
	Fairley (1985)			TRB																		19	Cape Canaveral, FL	3,300	2	-	-	-	-		X	Unvented Attics
	Fairley (1985)			HRB																		18	Cape Canaveral, FL	3,300	2	-	-	-	-		X	Unvented Attics
	Hall (1986)	DRB																		16	Chattanooga, TN	1,608	4	S	G	X	X					
	Medina (2000a)	R-30	Side-by-Side	TRB																25	College Station, TX	2,938	2	S	G	X	X					
	Hall (1988a)			TRB																	20	Chattanooga, TN	1,608	4	S	G	X	X				

Legend: CDD = Cooling Degree Days, HDD = Heating Degree Days, HRB = Horizontal Radiant Barrier, TRB = Truss Radiant Barrier, DARB = Deck-Applied Radiant Barrier, DRB = Draped Radiant Barrier, IRCC = Interior Radiation Control Coating, FV= Forced Ventilation, NV= Natural Ventilation, S = Soffit Vent, G = Gable Vent, R = Ridge Vent, P = Power Fan, ACH = Air Changes per Hour, AS = Aluminized Side, f = Facing, N/A = Not Applicable, (-) = Not Specified

RBs also showed benefits during the heating season. This is summarized in Table 2. The reductions in ceiling heat flows from the heated conditioned space to the attic ranged from an average value of 13% for attics with R-11 (1.94 m²·K/W) insulation to 9% for attics with R-30 (5.28 m²·K/W) insulation. For attics with R-19 (3.35 m²·K/W) insulation, the average reduction in heat flow was 12%. For attics with R-11 (1.94 m²·K/W) insulation, the HRB configuration outperformed the TRB in Zone 4, which was the only zone represented in the R-11 (1.94 m²·K/W) pool. That is, attics with HRB had an average reduction of 18% while attics with installed TRBs reduced the heat flow by 7%. For the attics with R-19 (3.35 m²·K/W) insulation, however, the TRB outperformed the HRB configuration, 14% to 12%, while the DRB configuration yielded an average reduction of 4%.

Table 2. Ceiling Heat Flow Reductions Produced by RBs and IRCCs (Heating Season)

Season	Reference	Nominal Insulation Level R-Value	Testing Protocol	Method	Ceiling Heat Flow Reductions Over Test Period (%)												City, St	HDD	Climatic Zone	Ventilation				Occupied		Comments	Average				
					Winter															Vents	FV	NV	N	Y							
					-5	0-4	5-9	10-14	15-19	20-24	25-29	30-34	35-39	40-44	45-49	50-54									55-59			60			
Heating	Levins and Karnitz (1988)	R-11	Side-by-Side	HRB															19	Kerns, TN	3,993	4	S	G	X	X					
	Hall (1988)			HRB																	17	Chattanooga, TN	3,427	4	S	G	X	X			
	Levins and Karnitz (1988)			TRB																	8	Kerns, TN	3,993	4	S	G	X	X			
	Hall (1988)			TRB																	6	Chattanooga, TN	3,427	4	S	G	X	X			
	Levins and Karnitz (1987b)	R-19	Side-by-Side	TRB																30	Kerns, TN	3,993	4	S	G	X	X				
	Fairley (1990)			TRB																	24	Cape Canaveral, FL	677	2	-	-	-	-	X	X	
	Medina et al. (1992b)			HRB																	17	College Station, TX	1,616	2	-	-	-	-	X		Non-vented Attics
	Hall (1986)			HRB																	15	Chattanooga, TN	3,427	4	S	G	X	X			
	Medina et al. (1992b)			TRB																	15	College Station, TX	1,616	2	-	-	-	-	X		Non-vented Attics
	Medina et al. (1992b)			HRB																	14	College Station, TX	1,616	2	S	G	X	X			
	McQuiston et al. (1984)			HRB																	10	Stillwater, OK	3,989	3	-	-	X	-	-	Curved Roof	
	Medina et al. (1992b)			TRB																	9	College Station, TX	1,616	2	S	G	X	X			
	Hall (1988a)			HRB																	5	Chattanooga, TN	3,427	4	S	G	X	X			
	Hall (1986)			TRB																	8	Chattanooga, TN	3,427	4	S	G	X	X			
	Hall (1986)	DRB																	4	Chattanooga, TN	3,427	4	S	G	X	X					
	Hall (1988a)	TRB																	-5	Chattanooga, TN	3,427	4	S	G	X	X					
	Hall (1988a)	R-30	Side-by-Side	HRB																15	Chattanooga, TN	3,427	4	S	G	X	X				
	Levins and Karnitz (1988)			HRB																10	Kerns, TN	3,993	4	S	G	X	X				
	Hall (1988a)			TRB																	6	Chattanooga, TN	3,427	4	S	G	X	X			
	Levins and Karnitz (1988)			TRB																	4	Kerns, TN	3,993	4	S	G	X	X			

Legend: CDD = Cooling Degree Days, HDD = Heating Degree Days, HRB = Horizontal Radiant Barrier, TRB = Truss Radiant Barrier, DARB = Deck-Applied Radiant Barrier, DRB = Draped Radiant Barrier, IRCC = Interior Radiation Control Coating, FV= Forced Ventilation, NV= Natural Ventilation, S = Soffit Vent, G = Gable Vent, R = Ridge Vent, P = Power Fan, ACH = Air Changes per Hour, AS = Aluminized Side, f = Facing, N/A = Not Applicable, (-) = Not Specified

Buildings located in Zone 2 experienced an average heat flow reduction of 16% while those located in Zone 4 experienced a reduction of 11%. The attics with installed HRBs in Zone 2 experienced an average reduction of 16%, while those in Zones 4 and 3 experienced reductions of 10%. For attics with R-30 (5.28 m²·K/W) insulation, the HRB configuration produced larger reductions than the TRB configuration. The average reductions in ceiling heat flow were 13% and 5% for the HRB and TRB configurations, respectively. All the attics with R-30 (5.28 m²·K/W) insulation levels were located in Zone 4. Table 3 contains the reported reductions in space cooling load produced by the installation of radiant

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